

Dersingham Village Voice

Issue No 16



June 2002



Hunstanton Road, Dersingham, pictured in the quiet days!



Golden Jubilee Celebrations in Dersingham

This newsletter contains some special poems and a story for the Queen's Golden Jubilee written by Dersingham residents. The Jubilee was celebrated in the village with a day of celebration organised by the Golden Jubilee Committee and they are preparing a special commemorative booklet containing a pictorial record of the Golden Jubilee in Dersingham which will be delivered to every household within the next few weeks. At least one very enjoyable street party was also held in the village and, again, reports and pictures of this would also be welcomed. Views and comments about the Jubilee celebrations would be welcomed for inclusion in the August Village Voice.

Our sincere thanks go to all those who contributed in any way to the Golden Jubilee celebrations.

Teresa Southam Editor

Parish News

All meetings of the Parish Council are open to the public. The full meetings begin at 7.15 pm and are preceded and terminated by a 15-minute session for parishioners to raise any matters. The next meeting will take place on Monday 24th June 2002, at the First School.

Village Sign

The village sign has been mended and may well be in its rightful position by now. A male juvenile appeared before King's Lynn Youth Court on 27th March for causing criminal damage and was conditionally discharged.

Highways

The drain outside the Church Hall car park is to receive attention. The traffic problems in Post Office Road have been brought to Highways' attention.

CCTV

The Village Environment committee are going to produce a plan of what is required in the village so that an estimate cost can be presented to the Council.

Parking outside Thaxters

There have been many concerns voiced about the dangers caused by parking outside Thaxters, for people driving out of their car park to get onto the main road, especially since a very bad accident occurred recently. Cllr Ebbs is pursuing a solution with NCC and the police.

Parish Council Website

A test site has been set up and the *dersingham.gov.uk* website should be up and running this summer. It is hoped it will evolve into a very useful and well-used information/communication facility.

Annual Parish Meeting

27 members of the public attended this meeting. Various points raised are being looked into

Heacham & District Community Car Scheme

This service is now available. The telephone number is
(01485) 544544.

Volunteer drivers are urgently required. If you can spare a little time to help occasionally please contact co-ordinators for further details on 544544



The Golden Jubilee

by Hugh Mullarkey © 2002



Fifty years of Royal splendour
Fifty years of Royal agenda!
Fifty years our gracious Queen
A time of Majesty serene
Or troubles of a Head of State
And wife and mother intimate.

Let us seek integrity
In group, in team, in family
Let us as a united nation
Join in united motivation
To honour her fifty years of reign
That strives to modify, maintain
Traditions of great dignity
From provident antiquity.

Instead of anarchistic factions
Stirring egoistic actions
Let's take this opportunity
To celebrate community
To bury argument and grief
And raise the standard of belief
So the good will can be found
To celebrate the common ground.

For those who remember her Coronation
A time of hope from devastation
When in spite of weather cold and wet
The nation celebrated yet!



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Our Golden Queen

by Kathy Jordan © 2002

First she lost a special sister
And then her fearless Mum.
Most people hoped their Queen would have
Some happy times to come.

Soon starting on that hectic tour
Names and places just a blur
How she waves and smiled serenely
Though a streaker caused a stir!

So regal in the West Country
Then charming the North East
When she called it North West by mistake
No-one minded in the least!

For tiring was this royal route
Younger folk it would have floored.
They cheered and clapped where'er she went
How popular – she soared.

We hope she too enjoyed it all
And with more events to come
May this historic Jubilee
Be filled with gilded fun.

To give our Monarch now some joy
For duty's been her fate.
So let us all join in as one
And make this year just great!

Our Golden Queen deserves the best
Wave those flags red, white and blue.
She'll glitter and gleam, and rule supreme
Shining bright her whole reign through.





The Golden Jubilee

by Dorothea Slade

We're making paper flowers, for the jubilee,
Rosalind and Isobel, Marigold and me,
Ros is in her element cutting out each petal
While Isobel is OIC of my old glue kettle.

We've got a lot of bunting to hang around the hall,
Mixed balloons and streamers, a Union Jack an'all.
Ros is going to extremes, each flower more flamboyant.
Marigold and I keep stum, to Isobel's annoyance

We're adding all the fiddly bits, Marigold and me,
And talking 'bout the start of it, the Golden Jubilee.

Sitting reminiscing 'bout Lillibet's accession.

The Coronation, celebrations, and our new T.V.

Remember June the second, nineteen fifty three?

It was my eighteenth birthday and I was fancy free.

Free to choose my partners at the Celebration Ball.

It was the best of times for me, the happiest of all.

Now, Isobel is fractious, she's got a funny mood on.
And Rosalind's demanding that she should get a move on

It's all a little bit too much for Marigold and me.

I think we'll both down tools now and pop off home for tea.

Golden Jubilee Nature Trail – Monday 3rd June 2002

This event was well attended, the main challenge being to the organisers to supply enough question sheets and pen! It was really pleasing to have so many family groups involved – never before have we had nine baby buggies parked in our drive and the wood echoing to so many children's voices. Our sixteen interest zones with their associated questions gave all the explorers plenty to think about and to discuss. Marking the answer sheets showed that our young people of Dersingham are very well informed. For those who puzzled long and hard, the height of the organ pipe cactus was 2 m 90 cm and the cabbage weighed 1.134 kg. The children's favourite herb was lavender. The winner of the up to seven years section was Mark Todd, and the eight and upwards section was won by Terri Bradley.

Our thanks to all who came, and behaved so well, and to our friends who helped to man the zones.

Jane and Walter Blaney

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This was too late for our last issue Editor

Kind Act – February 2002

I would like to thank the anonymous person who kindly took the trouble to return my dog's name tag to Station Road, with a note saying found on Fern Hill. Very many thanks.

Joan Scorch

Jubilee

By John Smart © 2002

The preparations for the Golden Jubilee were progressing well and I was about to close the meeting when Ted Featherstone spoke up.

'I been fifty years in the same allotments shed,' he said, 'that's a golden jubilee and it falls on the same day as her majesty's and that's the day I want to have my celebrations.'

'Oh,' I said, 'and it's the same shed, fifty years old?'

'Yep. My dad give it me for my twenty-first, couldn't afford a watch and so he give me his shed.'

'It has lasted well.'

'Been added to. see. New bit here new bit there, the back window come out of our Ronald's kitchen but basically it's the same shed.'

'And you've been in the shed all that time?' I asked in innocence.

'Don't be daft. I goes home for my tea and the tele' in the evening but then the queen ain't been on the throne all that time has she? I seen pictures of her in Africa. I don't 'spect they've taken that time off.'

'But it's on the same day as the Queen's, Ted.'

'Can't be helped. She can't reign a bit more and put it off same as I can't be in the shed a bit more. T'ud be golden with a dash of Diamond or whatever. No. I sent off a letter to the palace already in which I say's I am willing to celebrate my Golden Jubilee in the morning and leave the whole of the afternoon to her.'

'Very generous. Ted. are you doing anything for it?'

'Sandwiches.'

'I meant are you putting anything special on.'

'Well, I shan't be wearing my 'llolements jacket 'cos I shan't be doin' any diggin'. I reckon I'll try that new jacket the wife bought me the other year when we went to Cromer. 'tis blue if I remembers' right.'

'Yes,' I said, bemused. 'Sandwiches then?'

'Cheese'n'pickle. If it's nice I can lay them out on that door I took out last year. Don't throw nothing away see; it'll look OK with a sheet over it and if the weather ain't clement then it'll be inside.'

'Will there be music?' I felt I had to ask, deep water or not.

'Now that's a bit of a problem. Fred Smithereens used to play the comb and paper in his shed. Well, he's given up the comb and paper on account of his teeth. see. He lost them. Well, not exactly lost them; he knows they're in a glass but he can't for the life of him remember where he put the glass.'

I tried to lure him away from the teeth. 'The Queen will be having music.'

‘That’s right,’ he chuckled. ‘and I expect that Vera Lynn’ll strike up all unbidden. Mind, you’d think she’d learn another song. Now that was the thing about Fred: versatile. He’d sound like a bumble bee on fire in that shed some afternoons; a ‘stampin’ his foot and a ‘combing and a ‘paperin’ fit to bust. We didn’t know what all the tunes was called but they was all different. Still, that’s as maybe. The comb has fallen silent and I reckon Ronald’s portable wireless’ll have to do.’

‘Does Ronald have an allotment?’

‘Oh no, he’s too slow for that. He’d have runner beans climbing up his leg before he thought about digging, see. Now, you and the missus is invited, starts half past nine.’

Well as it turned out the cheese and pickle sandwiches were just fine and, as you will have seen, I got to London in plenty of time to oversee the details of her Majesty’s celebrations, nothing clashed.

London Marathon 2002



The London marathon time has come – and gone again. Many people, not just from the UK but from all over the world, took part in what is arguably one of the largest and best organised city marathons in the world.

The temperature was just about right and most of the people, whether the organisers, the spectators or the runners,

experienced another memorable day on the sporting calendar.

Martin Holland of St Nicholas Close, Dersingham, took part again this year and managed to finish the course! Money collected from sponsors will go to needy children at an orphanage in India.

Editor’s Note: Our congratulations to Martin for his splendid effort for a worthwhile cause

EDP Norfolk VILLAGE OF THE YEAR Competition

Once again Dersingham has entered the Competition for Village of the Year. Final judging takes place at the end of June/early July. Announcements of results will appear in the EDP at the end July/early August. Presentations take place on Wednesday 4 September.

~ PHOBBIES ~



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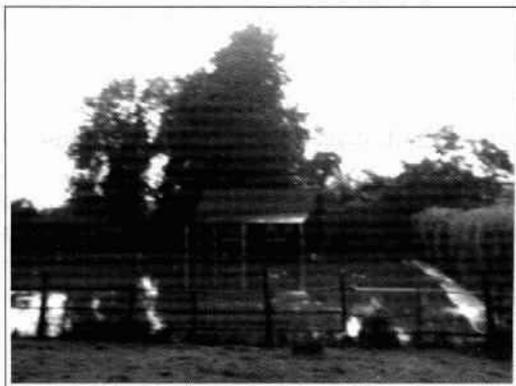
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**CLUB MEETS AT CHURCH HALL,
DERSINGHAM
10.30 TILL 3 PM**

This photograph below shows the
Bowling Green when it was flooded
in the 70s.

Kindly submitted by Malcolm Nurse





Dersingham Junior Flower Club

In November 2001 we received an invitation from the Royal Horticultural Society to enter the Junior Section of the Chelsea Flower Show. The entries were to be collages, made from pressed, dried and preserved material to represent the Queen's Golden Jubilee (any aspect of her reign).

The collages were submitted in April for assessment. We were delighted when all 13 entries were accepted to go forward for judging at Chelsea.

Congratulations to all 13. It is a great honour to get this far. Special congratulations to Bethany Perry for gaining a Silver Award and Charlotte Boughen a Bronze.

Doreen Asker

Proposed Skateboard/BMX Area

Back in August 2000 village youngsters asked for the provision of a Skateboard/BMX park. Parish Council representatives from the Recreation and Amenities Committee have had discussions with the schools, some parents and possible users and also with those who are opposed to the provision of such a facility because of the proposed location. Since then the committee have been investigating funding of the project. Some funding has already been promised, including £2,500 from WREN, £5,000 from the Borough, £5,000 from the Parish Council and also local offers of support. The Council are hopeful that Sport England may provide 50% of the total amount which is likely to be in the region of £30,000, leaving a shortfall of about £1,500. The children of St George's Middle School are willing to try and raise this amount.



The committee will continue with further discussion with interested parties as matters progress.

St Nicholas Church – Dersingham
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SUNDAY SERVICES

10.30 am Morning Service
6.30 pm Songs of Praise
King's Lynn Town Band
Coaches welcome. Free car park

Proceeds to Church Funds

Dear Editor

Would you be so kind as to pass on our thanks and appreciation for all the hard work done by everyone who helped in any way to make Dersingham a very nice village to be in for the Golden Jubilee Celebration on Monday 3rd June. Well done!

Tuesday 4th June. We had a very nice lunch and live entertainment. You all worked so hard to make this a good day for the Golden Jubilee. Pat yourselves on the back!

Mary, Annie and Peggy

Have you ever wondered, when visiting Sandringham, what is Park House? Many of you have memories of its former residents but how many of you are aware of its long history within the community and its workings today.

Park House was built in 1863 by the Prince of Wales, who later became King Edward VII. It was used as a villa by General Sir William Knolleys, the administrator of his household. Over the next 100 years several families lived there, the last being the Spencer family who left in 1974. It stood empty for the next 10 years and in 1983 Her Majesty, the Queen, Patron of Leonard Cheshire, offered it for use as a Cheshire Home. The Leonard Cheshire Trustees accepted her generous offer but decided to convert it into a country house hotel for physically disabled people. Renovations commenced in 19085 and following a successful nation-wide appeal the first guests arrived in April 1987. Park House Hotel was officially opened by Her Majesty on 31 July 1987.

Park House is a unique service having 8 single bedrooms and 8 twin bedrooms, which are all en-suite, and were refurbished in 2000. Rooms can be adapted to suit the needs of the guests, and discreet, unobtrusive care provided 24 hours a day, if required (which operates within a graduated hotel tariff system). Throughout the hotel, every care has been taken to make a holiday as comfortable as possible. Within the hotel, facilities include: a shop, hairdressing salon and a seasonally heated outdoor swimming pool with hoist accessibility. Entertainment and activities are varied, daily excursions are organised to venues of interest and themed weeks are well received. Park House prides itself on the quality and freshness of its cuisine and the careful attention that is given to each guest's individual needs and preferences. All specialist diets are catered for. It is a unique first class hotel offering holidays to those who most need them..

Guests do not need to be an ex-serviceman/woman to be able to use the facilities. Anyone can apply.

People with both short and long term physical requirements are accepted.

Partners/companions and carers are accommodated either in the same room or in separate accommodation.

If a carer comes a guest can choose whether the carer continues his/her care or opt for a care package where the Park House staff undertake personal care requirements.

Sponsorship from local Social Services or health Authority is accepted as is funding from a registered society. Park House is able to provide information regarding possible funding where necessary.

A variety of equipment is available but specially adapted items may be brought with the guest by arrangement with the Care Manager.

Reductions are offered during the off-peak season for short breaks.

If you are interested or know anyone who may benefit from a holiday at Park House please contact us on 01485 543135 for a brochure or information.



~ ~ ~ Rock 'n' Rose ~ ~ ~

Dersingham sits on an outcrop of sandstone known to geologists as the Lower Greensand. Similar outcrops can be found in a band stretching from the Isle of Wight in the south, to Yorkshire in the north. The Lower Greensand was originally the bed of a warm shallow delta that formed during the Cretaceous period. The soil derived from this sandstone is light, free draining and acidic. These are the conditions on which heathland develops.

Heathland is an important habitat full of interest for the naturalist. The flora consists of tough plants able to tolerate the poor soil. Heather is the characteristic plant of heathland - together with bracken, gorse, cranberry and a scattering of silver birch trees. These plants do not give up their hard won tissue without a fight. Many heathland bugs find they can get easier meals from passing soft skinned, warm-blooded animals. Blood sucking ticks and insects are common on heaths - so rolling around in the heather at this time of year is not recommended!

If you want to see a very bright display of wildflowers, a summertime walk along the top of

the shingle beach at Snettisham takes some beating. The vivid blue of *viper's bugloss* and the wicked red of *houndstongue* - contrast with the bright yellow flowers of *yellow-horned poppy*, *weld*, *wild mignonette* and *horary mullein*. *Wild roses* are abundant along the top of the beach - adding a splash of pink to this already rather overloaded palette.

The shingle also supports *henbane* - a flower from hell. *Henbane* is highly toxic - it was Dr Crippen's poison of choice. Some people feel giddy just smelling the leaves. *Henbane* has sticky, rather sickly looking, green leaves and large dingy yellow flowers shot through with purple veins. Traces of *henbane* have been found in Neolithic bowls. This plant was also an ingredient in one of the 'witch ointments' that, reputedly, gave them the power of flight. There is possibly some truth in this because one of its effects is to induce a trance like state with a sensation of flying. It has been suggested that a broomstick would be a handy applicator for the ointment - maybe the traditional depiction of a witch is more factual than we realize. The ancient Egyptians smoked *henbane* to cure

toothache – presumably leaving their teeth behind on planet earth!

My favourite local wildflowers grow on chalk grassland. The cliffs at Hunstanton are a slice through chalk and this stratum underlies the countryside to the north of Dersingham. This rock was formed from the remains of countless tiny creatures that lived in a clear warm coral sea. We get our water from aquifers in this rock. The thin chalky films that sometimes form on the surface of Dersingham cuppas are the squashed remains of creatures that died 65 million years ago! Chalk is alkaline and where it outcrops it supports a varied and attractive lime loving flora. A fine local example is the roadside verge leading into Shernborne, which is a riot of colour at this time of the year. A special flower that can be found here is *broomrape*. This attractive plant does not have any leaves. They are, in fact, parasites and get all their nutrients by inserting their roots into another plant and sucking out the goodness.

Ancient monuments are a good place to find wildflowers because they are protected from the plough. The best local example of this is The ramparts of this fort are made

of chalk and interesting flowers grow in the sheep grazed grassland – amongst which are some exotic looking *orchids*. Perhaps the finest example of chalk grassland in West Norfolk is Ringstead Downs. Many lime-loving plants grow here including *wild thyme*, *squinancywort* and *rock rose*.

Nectar feeding insects are attracted to downland flowers and Ringstead Downs are a great place to visit on a warm summer's day. The scent of wild thyme, the sight of butterflies and the sound of bees - satisfy every sense except touch. There are actually quite a lot of prickly, *stemless thistles* in the grass – nowhere is perfect!

To end on a practical point - the woods around Dersingham are 'infested' with *rhododendrons*. These are growing on a thick organic soil layer. This layer is not present in most of the village gardens. If you have recently moved onto the new estate, you are unlikely to have much success growing rhododendrons or similar plants – heathers do well though.

David Bingham

Dersingham Surgery Horticultural Society

The subject of our April Meeting was "The Care of Lawns". Our speaker, John Hudds, had been a greenkeeper at various prestigious golf courses for 45 years. John's talk which, on the face of it, sounded a little uninspiring, turned out to be full of good sense, useful tips and humorous anecdotes. The main points which John emphasised were:

- 1 Spring is the right time to tackle lawns
- 2 Scarify to remove moss, dead grass and debris. A good lawn should be firm underfoot, not spongy.
- 3 A good cutter, preferably a cylinder mower, is essential.
- 4 Cut all the year – twice a week at peak growing times – as need and conditions allow.
- 5 Lawn sand is the best way to kill moss. Apply with care as it contains sulphate of ammonia.

Various tips on minor problems and questions from members ended what had turned out to be a most enjoyable evening.

Coffee Morning. Much to the relief of Gilly Canny and Dorothy Warnes, our new fund-raising team, this, the first event that they had organised was a great success. Previous members of the committee provided generous guidance and assistance. Thanks to everyone who supported this event helping to raise £135.85.

Gardeners' Fayre. Had comedian Larry Grayson still been with us, I feel sure he would have greeted us with "What a grey day!". However, the gloomy skies and cold, persistent drizzle only partially dampened the spirits of the gallant band of helpers and, much to our delight, did not deter those many hardy souls who supported our primary fund raising event to the tune of just under £380. Our thanks to all who braved the elements on the day.

As many readers will already know, this money will be incorporated into society funds from which donations to local charities will be made later in the year. Since its inception in 1986 our society has donated over £5,000 to the Dersingham Surgery for the purchase of equipment and made further donations to other local organisations such as our community nurses.

Thanks to our Events Organisers, Jane Blaney and Cherry Tann, members have come to expect the speakers at our monthly meetings to be both informative and entertaining and the speaker at our May meeting lived up to these expectations on both counts. "A Ramble through Northern Spain", a slide presentation given by Robin Stevenson explored the mountains and hinterland of rural Asturias and Galicia. With some rare insights into village life and the festivals and traditions of the area, excellent slides of flora and

insects and brief excursions to the great cathedrals of Burgos and Santiago di Compostella and all supported by an expert, informative and humorous commentary. Robin successfully combined these various elements to provide members with yet another enjoyable evening.

David Clark

Summer Activities in Dersingham 2002

All children resident in Dersingham may take part

The Summer Activities 2002 are being organised by the Dersingham Summer Activities group, which would welcome support from parents for supervisory duties. If you can help please contact the Chairman, Mrs May Davey on 540737.



The group have been very successful this year in obtaining funding towards these activities from the National Lottery, Norfolk Rural Community and an undertaking from the Borough Council to help with transport costs.

Activities begin on Monday 22 July and continue until mid-August.

Programmes will be sent out to the schools around 12 July before the summer holidays. They will also be available in the library, Doctor's surgery and the supermarkets. Parents must return the forms by 19th July – all activities have to be pre-booked and paid for by cheque.



The activities are likely to be very popular so it is important that parents pre-book early to avoid possible disappointment



The photograph was submitted by a resident without a caption. Every picture tells a story!

1st March. Today I bought three elephant's ears (*bergenia cordifolia*). I wanted unfussy plants for a shady spot. According to the late Margery Fish, they will grow in sun or shade, with or without lime, in rich or poor soil. You can "pull bits off" at any time if you want to increase your stock, and this without damaging the original plants. I think I'll wait before I try that!

4th March. I've risked moving a lovely *dicentra spectabilis* into a large pot, as its home for the past two years has been invaded by tansy and periwinkle, which will need digging out. Bleeding heart has such brittle, fragile roots, but I'm hoping ...

7th March. Gulls are skating in the sky, a dance as graceful as Torvill and Dean's. We're making a path through the wilderness with paving slabs set somewhat at random. This will give us a chance to deal with over-enthusiastic brambles, though not too ruthlessly, as we've heard that bramble tangles are a favourite nesting site for long-tailed tits. We'll shorten some of the wandering shoots of the yellow deadnettle (*lamium galeobdolon*) too, while bearing in mind how its bright flowers charm us and feed the early bumblebees.

12th March. The first plum blossom. And tonight the stars are splendid.

20th March. The first day of spring. I put an old slipper in on of our hedges. Will a robin consider it? Dug runner bean trenches and filled with own garden compost. Prepared the carrot bed for later sowing. Carrots do like fairly warm soil. Peach is blossoming; and overhead a heron is chased by a solitary dark bird. A crow? In the plum trees a pair of siskins chirrup and "whirr".

30th March. I left the door of the apple store room for an hour and found a blackbird having a rare old time in there! Luckily, the leftover fruit is meant for the birds anyway! He stood in a tray of apples and eyed me sidelong, brightly!

14th April. At last, a goldcrest! Have missed them this spring. Hundreds of brandling worms, dark red with orange bands, are working hard in the compost bins. I love them! They are a sign that all is well with your compost heap ...

April has been a good gardening month; good blossom, good plantings, good weather. Too good for the farmers, who were praying for rain by the 21st! Must remember to keep bird baths and bowls well filled. All the birds and small mammals in our gardens need water every single day.

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**Deadline for copy for
August Issue**

27th July



The Golden Jubilee Fair

COFFEE MORNING

to be held at
The Town Hall
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on
Wednesday 24th July
at
10.00 am - 12 noon

Entrance 50p
Includes coffee and biscuits



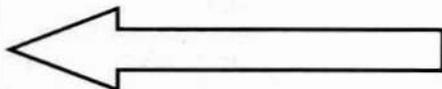
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Help Save Lives at Sea



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THE WAY LIFE'S MEANT TO BE

by Hugh Mullarkey © 2002

Last summer the Gamebirds were terribly game
As they sang all their songs in downpouring rain.
But at their concert at St Nicholas' one fine April night
The weather behaved and prospects were bright/

Now the Game birds were gamesome with banter and fun
With numbers to suit every taste, everyone.
From the Beatles to Buddy to Scarborough Fair
They performed with great zeal and great zest and great flair.

The sound of seven voices was beautifully clear
The lovely close harmony enriching the ear
And each of their songs whether jazz, folk or pop
Made their audience wish that they just wouldn't stop.

One star of the show was Sylvester the stool
Who was clearly embarrassed and feeling a fool.
He stood all alone on the stage in the Church
But had moments of stardom when used as a perch.

For Gamebirds with Geetars need somewhere to sit
And into this special role he was expected to fit.
I feel he deserved his own round of applause
But no-one supported his sat-upon cause.

When Kelly went solo with 'Amazing Grace'
Everyone's heart seemed to quicken apace.
With Laura, two Lizzies, Amanda and Gill
And Monica with Roland all seeking to fill

The lovely old Church with the wonderful sound
And bring us their music both light and profound
With all of them sharing the limelight with ease
And all of them seeking to entertain and to please.

Some had come from afar to give us this Show
The pleasure of singing with 'friends that you know'
Was sufficient reward for this musical team
That had the panache of which others might dream.

In a world where celebrity's a tedious word
When most claims to fame are plainly absurd
What a pleasure to find entertainment that has
Lots of beauty and laughter and razzamataz.

We thank them for an evening of musical joy
And the launch of more craft than Helen of Troy.
We hope that the Gamebirds won't leave it too long
Before returning to Dersingham to burst – into song!



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for Village Voice
are welcomed.

If you have
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off your chest
or you have an
article, letter or
poem you wish
published please
send items to
The Editor,
Village Voice,
Parish Council
office, Manor
Road

Have you a
forthcoming
event you wish
to publicise in
this newsletter?
If so, please
send in details
well before the
date of the
event so that it
can be placed in
time.

Dersingham Guides

We have changed our meeting night to **THURSDAYS** at 7 pm
at Dersingham Community Centre. Any girl over the age of
10 is very welcome. For further details please contact:
Mrs Alex Polaine (01485 542147)

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9.30 am and 12 noon
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Friday 12 July 2002

✂ **Dersingham Open Gardens Weekend** ✂

August 17th and 18th - 2 - 5 pm

If you would like your garden included (there is still time)
we would like to hear from you - particularly in the
Mountbatten/Sandringham View and Manor Road areas.

Contact: Tony Bubb (542638) or Edgar Cooper (540865)

Creating opportunities with disabled people

LEONARD CHESHIRE



Park House Hotel, Sandringham, is part of Leonard Cheshire, one of the leading disabled charities in the UK and abroad. Park House Hotel is a unique hotel offering holiday opportunities for people with physical disabilities, their carers and/or companions. Park House periodically seeks quality bank staff in the following disciplines:

Care Staff, Housekeeping, Kitchen and Restaurant

Lack of skills or knowledge is no barrier, as training will be given to suitable applicants.

Calling all Volunteers

Your contribution could make a real difference. Volunteers with Leonard Cheshire add a special element to the lives of disabled people. The fact that you are giving up your time is recognised and highly valued. Full training will be provided.

Park House Hotel seeks motivated volunteers who are able to offer their free time in the following areas:

Shop, Vehicle Escort, Minibus Drivers and Activities Support.

If you are interested in any of the above, please contact **01485 543000** and ask for details.



British Red Cross

Norfolk Branch

CAN YOU HELP?

With shorter hospital stays these days the Red Cross Home from Hospital Service is increasingly being called upon to support patients in their own homes during the early days following their discharge from hospital.

As trained volunteers provide this valuable service, we are keen to ask for **your** support. Could you occasionally spare an hour or so to visit an elderly person near you, just to check how they are coping – for some, it can be a difficult time adjusting to being home again. Do you remember when we used to have families and neighbours to pop in for a cuppa, bring a loaf of bread back from the shop etc... sadly it happens less these days whilst the numbers of our elderly population increase – this is why we are asking for your help!

If you would like to know more about the Home from Hospital service based at the QEH or how to become a volunteer, then please ring Sandy Thorpe or Jane Moule at the hospital on 01553 613613 Ext 2721. All volunteers receive training and ongoing support – any costs incurred whilst visiting clients are reimbursed. A bonus is that you don't always have to have a car – we do have volunteers who use their bikes! You also get to meet some lovely people and have great fun... so what are you waiting for? Pick up the phone now!

News from Dersingham First and Nursery School

This term seems to be flying by! Our new secretary, Lynda Sarsby, has settled into her new job taking over from Jean Briscombe who retired at Easter. Jean had been a well-known face in our school office since the late seventies and had seen many changes over the years. We said our fond farewells to her at the end of March when she was presented with many gifts. She gave the school a birdbath for our Wildlife Garden and she, and her husband Raymond, recently visited to put it in place. Our award-winning garden will be open during our Summer Fete on Friday 12th July. A warm welcome is extended to village people to come and visit it and see how it has been transformed in recent months.

Our year three children had a three-day field study trip to How Hill in the east of the county in early May. The experience of being away from home was new to most of the children but they had a great time and learned lots of new things. Other classes have been, and will be, out and about in the county using the environment to extend their learning. Visits are planned to Hunstanton, Brancaster and Houghton Hall. A local vet and the RSPCA have also visited school to enhance the children's learning and in June we are having a beach day in the front playground, when a traditional Punch and Judy Show will entertain the children.

Finally, we have almost reached our target of raising £2,000 this year to fund the second phase of the play equipment. The Bingo alone raised £360 in one evening and paid for one more piece of equipment! Watch out for the new play equipment going up in late June, as a direct result of the fund raising efforts of the Friends of the School.

Thank you for your continued support of your local village school. It is much appreciated.

Jackie Austin
Headteacher

Action for ME (Myalgic Encephalopathy)

A message from Helen Buckenham and Liz Smith – Volunteer fund-raisers for Action for ME.

(Charity No 10364198)

By kind permission of the owners we shall be holding an OPEN GARDEN/FAMILY FUN DAY in the grounds of the beautiful Gayton Hall on **Sunday 7th July**.

As well as the opportunity to wander round the exquisite gardens there will be the chance to win the new, sporty Ford worth £10,000 in our 'Safe Crack' competition.

Other attractions include:

Beat the Goalie. Dunk Tank. Stocks. Santa 'Pea' pod kart racing, meet Bubbles the Clown, listen to the Magdalen Band. Side stalls, prize draw and a mini-auction which will include signed boxer gloves from Lennox Lewis and Evander Holyfield, signed David Beckham scarf and 'Posh' Spice – Victoria's signed audio-cassette.

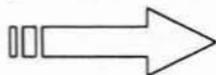
We start at 10 am through to 4 pm and there really is entertainment fun for all the family, contingencies for bad weather and a 1,000 space car park.

A big thank you to all local businesses, groups, Hunstanton Lions and individuals for help/donations given and/or pledged for the event.

Further information from Helen Buckenham on 01485 542880.

Patrons: Lady Elizabeth Anson, Lord Puttnam CBE

Sponsors: B.P. Amaco



SCOUT & GUIDE FETE 2002

The Annual Scout & Guide Fete will take place on **Saturday 29th June 2002**, opening at 1.30 pm. This event will be held at our Headquarters off the Feathers Car Park. There will be a grand Draw (first prize of £50), together with other prizes. We hope to provide a cake stall, cream teas, refreshments, hot dogs etc.

The various groups will provide many games of chance and luck.

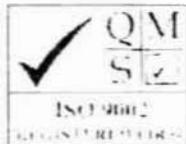
The Fete is an annual event to raise funds for the maintenance of our Headquarters.

Please give us your support.

Fete Committee



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